

2019

# Prepack + Salad Bar

M T W T F  
1 2 3 4

## Winter Break

JANUARY

7 Beef Hamburger or Bean Burger Potato Wedges Sunbutter Sandwich	8 Chicken Tacos Black Beans Chef Salad	9 Pasta with Meat or Marinara Deli Turkey & Cheese Sandwich	10 Thousand Hills Roast Beef & Gravy Mashed Potatoes Roasted Beets Cookie Turkey Salami & Provolone on Hawaiian Bun	11 Cheese Pizza Cold Cut Combo Sub
14 Chicken Sandwich or Bean Burger Sweet Potatoes Bagel Yogurt Pack	15 Beef or Bean Nacho Grande Beef or Bean Taco Salad	16 Orange Chicken with Rice California Veg Blend Turkey Bologna & Cheese Sandwich	17 Cheese Omelet with Pancakes Breakfast Potatoes Turkey Salami & Provolone on Hawaiian Bun	18 Grilled Cheese Sandwich Potato Wedges Cold Cut Combo Sub
21 <i>No School</i>	22 Swedish Meatballs with Pasta Green Beans Sunbutter Sandwich	23 Turkey Hot Dog or Bean Burger Tater Tots Turkey Bologna & Cheese Sandwich	24 <i>No School</i>	25
28 Beef Hamburger or Bean Burger Potato Wedges Bagel Yogurt Pack	29 Chicken or Cheese Tamale Seasoned Pinto Beans Chef Salad	30 Lasagna Roll with Marinara Turkey Bologna & Cheese Sandwich	31 Turkey & Gravy Mashed Potatoes Carrots Turkey Salami & Provolone on Hawaiian Bun	

### Know Your Food

MEATLESS ENTREE AVAILABLE CONTAINS FISH

FARM TO SCHOOL ITEM JUNIOR IRON CHEF RECIPE

We use Whole Grains. Skim & 1% Milk is available

Salad Bar available daily



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