

Prepack + Salad Bar

M T W T F

	2 <i>Labor Day</i>	3 Beef or Bean Nacho Grande Salsa Bagel Yogurt Pack	4 Grilled Cheese Sandwich Turkey Bologna & Cheese Sandwich	5 BBQ Rubbed Chicken Dirty Grain Blend Corn on the Cob Watermelon Triple Berry Jonny Pop Turkey Salami & Provolone Sandwich	6 Spaghetti with Marinara or Meat Sauce Turkey Combo Sub
9 Thousand Hills Beef Hot Dog Baked Beans Sunbutter Sandwich	10 Turkey & Mashed Potatoes with Gravy Carrots Dinner Roll Chicken Caesar Salad	11 Pancakes Cheese Omelet Breakfast Potatoes Warm Spiced Pears Turkey Bologna & Cheese Sandwich	12 Swedish Meatballs with Pasta Green Beans Dinner Roll Turkey Salami & Provolone Sandwich	13 Cheese Pizza Corn on the Cob Turkey Combo Sub	
16 Orange Chicken Brown Rice California Veg Blend Bagel Yogurt Pack	17 Cheese or Chicken Tamale with Beans Chef Salad or Vegetarian Chef Salad	18 Beef Hamburger, Cheeseburger, or Black Bean Burger Corn on the Cob Turkey Bologna & Cheese Sandwich	19 Roasted Chicken Potatoes Country Veg Medley Dinner Roll Turkey Salami & Provolone Sandwich	20 Potato Crusted Fish Mac & Cheese Green Peas Turkey Combo Sub	
23 Chicken Sandwich or Black Bean Burger Potato Wedges Sunbutter Sandwich	24 Beef or Bean Nacho Grande Corn, Salsa Beef Taco Salad or Black Bean Taco Salad	25 Chicken Alfredo or Plain Alfredo with Pasta Green Beans Dinner Roll Deli Turkey & Cheese Sandwich	26 BBQ Beef Meatballs Diced Sweet Potatoes Country Veg Medley Dinner Roll Turkey Salami & Provolone Sandwich	27 Cheese Pizza Turkey Combo Sub	
30 Lasagna Roll with Marinara Dinner Roll Bagel Yogurt Pack	2019				

Know Your Food





MEATLESS AVAILABLE
FARM TO SCHOOL
CONTAINS FISH
JR IRON CHEF RECIPE

We use Whole Grains. Skim & 1% Milk is offered.



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